

CHILDREN, YOUTH, AND FAMILIES SERVICES DIRECTORY



The County of San Diego's Behavioral Health Services (BHS) offers a multitude of programming to support children, youth & families who would benefit from mental health or substance use treatment.

Scan the QR code to access the current Children, Youth, and Families Services Directory.



https://bit.ly/cyf_directories



SCAN HERE

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Behavioral Health Services Children, Youth & Families Framework

VISION

Children and youth are healthy, safe, lawful, successful in school and in their transition to adulthood, while living in nurturing homes with families.

PRINCIPLES

Collaborative, Integrated, Child, Youth & Family Driven, Individualized, Strength-based, Community-based, Outcome & Data Driven, Culturally Competent, Trauma Informed, Persistence.

PRIORITIES

Ensure a full continuum of care through family-centered and youth-informed services that are compassionate and sensitive to the unique developmental needs of children and youth.

Strengthen partnerships with children/youth's circle of influence to create a supportive environment.

Provide services that empower children and youth to build a healthy sense of self and have confidence to make sound decisions so they thrive in an ever-changing world.

Live Well San Diego – Areas of Influence

HEALTH FACTORS

Standard of Living

- Economic & Nutrition Security
- Timely Access to Healthcare Inclusive of Behavioral Health Services
- Employment Readiness

Health

- Daily Physical Activity
- Limited & Supervised Screen Time
- Affordable Healthy Food
- Zero Sugary Beverages, Drink More Water
- No Substance Use
- No Tobacco Use
- Up to Date Immunizations
- Connection to a Health Home

Social

- Supportive Families
- Nurturing Communities
- Connection to Natural Supports
- Positive Social Interactions

Knowledge

- Quality Education
- Quality Preschool For All
- Good School Attendance
- School Success
- No Suspensions or Expulsions
- Obtain a High School Diploma
- Access to Higher Education & Vocational Programs

Community

- Access to Parks, Playgrounds and Recreation Centers
- Usable Transportation
- Safe Neighborhoods & Schools
- Affordable Stable Housing
- Access to Extracurricular Activities

Initiated 12/6/2019 | Updated 10/26/2023, 8/22/2024

County Points of Contact

Contracting Officer's Representatives (CORs) are County points of contacts that are available for general matters that are not managed directly through the service provider.

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 For System of Care general information, please contact Deputy Director Yael Koenig at Yael.Koenig@sdcounty.ca.gov

Overview

Access and Eligibility for Services

County of San Diego (County) funded behavioral health services are intended for children and youth who are either experiencing a behavioral health crisis (such as depression, suicidal thoughts, extreme anxiety, or substance use) or who require behavioral health services in order to function in school, at home, or in the community. Generally, services are available for Medi-Cal beneficiaries and low-income children and youth, up to age 21. All services are rendered without regard to race, color, creed, or disability. Individuals and professionals can directly contact any of the resources listed in this directory. However, it should be noted that, in some cases, access to services is managed through specific procedures and may be designed for certain special populations. Where possible, this information has been included in this directory. If in doubt about eligibility or how to access services, please contact the Access and Crisis Line at (888) 724-7240.

Access to Language Services

Clients have a right to free language assistance in a language they understand. Clients shall be provided interpreter services as a part of their therapeutic services. However, clients have the option to use a family member or a friend as their interpreter. The client is not expected to provide their own interpreter. All Behavioral Health Services (BHS) programs have access to interpreter services.

Fees and Funding

Behavioral health services provided through the County are financed through Medi-Cal, the Mental Health Services Act (MHSA), patient fees (when applicable), County-general funds, State funds, and specialized grants. In most instances, fees for services are fully covered for full scope Medi-Cal beneficiaries and unfunded individuals. When applicable, fees for services are based on income and the number of family members in the home. This Uniform Method for Determining Ability to Pay (UMDAP) is mandated by the State. Medi-Cal, Medicare, and other insurance coverage will be considered in determining an individual's monthly payment. *No person who otherwise qualifies for services will be turned away.*

Organizational Providers & Fee for Service Network

Organizational providers serve children and youth through a network of comprehensive programming and multidisciplinary clinical teams. The Fee-for-Service network is comprised of individual practitioners who primarily offer office-based and/or telehealth services. Both networks can be accessed through the Access and Crisis Line (ACL) by calling (888) 724-7240.

Medi-Cal Managed Care Plans

Medi-Cal Managed Care Health Plans cover behavioral health services for members who do not qualify for Medi-Cal Specialty Mental Health Services covered by the County. Each Medi-Cal Managed Care Health Plan has its own network of contracted behavioral health providers. Medi-Cal beneficiaries may contact their health plan directly.

| | | |
|-------------------------------|---|----------------|
| Blue Shield CA Promise Health | Blueshieldca.com/promise | (855) 321-2211 |
| Community Health Group | Chgsd.com | (800) 404-3332 |
| Kaiser Permanente | KP.org | (877) 496-0450 |
| Molina Healthcare | MolinaHealthcare.com | (888) 665-4621 |

Live Well San Diego

BHS supports the [Live Well San Diego](#) vision of Building Better Health, Living Safely, and Thriving. *Live Well San Diego*, developed by the County of San Diego, is a comprehensive, innovative regional vision that combines the efforts of internal and external County partners to help all residents be healthy, safe, and thriving. [Building Better Health](#) focuses on improving the health of residents and supporting healthy choices. [Living Safely](#) seeks to ensure residents are protected from crime and abuse, neighborhoods are safe, and communities are resilient to disasters and emergencies. [Thriving](#) focuses on promoting a region in which residents can enjoy the highest quality of life.

Resources

Listed resources have a connection to behavioral health services which encompass both mental health and substance use. Most resources listed are through the County of San Diego, but some extend beyond.

County of San Diego

858-694-3900

www.sandiegocounty.gov

[Behavioral Health Services \(sandiegocounty.gov\)](#)

Suicide & Crisis Lifeline: Dial “9-8-8”

[988 Suicide and Crisis Lifeline | Federal Communications Commission \(fcc.gov\)](#)

San Diego Access and Crisis Line (ACL)

888-724-7240

<https://optumsandiego.com/content/sandiego/en/access---crisis-line.html>

Confidential and free of charge, the San Diego Access & Crisis Line (ACL) offers immediate support and resources from an experienced counselor 24 hours a day, 7 days a week on all behavioral health topics including: suicide prevention, crisis intervention, community resources, mental health referrals, alcohol, and drug support services, and more. Language interpreter services enable the ACL to assist in 150 languages within seconds.

211 San Diego

Dial 2-1-1

www.211sandiego.org

Free, confidential phone service and online database for access to community, health, social, and disaster services, 24 hours a day, 7 days a week.

Drug Medi-Cal Organized Delivery System (DMC-ODS)

www.sandiegocounty.gov/dmc

Information for DMC-ODS providers.

Access - Customer Service Call Center

866-262-9881

www.sandiegocounty.gov/content/sdc/hhsa/programs/ssp/access.html

Serving residents, providers, and other government agencies with questions or needs related to Family Resource Center (FRC) programs and services, including providing case management services for existing FRC customers countywide. Access customer service representatives are experienced eligibility workers who are trained in CalWORKs, CalFresh, and Medi-Cal programs.

Optum San Diego

800-798-2254

www.optumsandiego.com

Optum San Diego is the **Administrative Services Organization (AS)** for the County of San Diego. Optum works to improve the services which are provided to the San Diego behavioral health community.

It's Up 2 Us

www.Up2sd.org

The It's Up to Us campaign is designed to empower San Diegans to talk openly about mental illness, recognize symptoms, utilize local resources, and seek help.

Resources



<https://oscerjr.namisandiego.org/>
<https://alfredu.namisandiego.org/>

Local Mental Health Resource App for Youth hosted by NAMI San Diego

Youth Sector Resources

Brain XP

858-309-2177

www.brainxp.org

Brain XP training focuses on the journey of mental health challenges through the eyes of a young person who has experienced and overcome the stigma, especially on school campuses. Brain XP content takes place on-line where teens have access at their fingertips offering a comprehensive Teen Toolbox of Coping Skills

Patient Advocacy Program

619-282-1134 (local), 800-479-2233 (toll free)

www.jfssd.org

Provides patient advocacy and protection of a patient's rights when in a 24-hour inpatient or residential setting. Provides support and representation at certification and other hospital related hearings. Handles patient complaints and ensures that mandated rights are protected. Parent organization: Jewish Family Service.

Consumer Center for Health Education and Advocacy (CCHA)

877-734-3258 (toll free), 877-735-2929 (TTY)

www.lasdsd.org

The Consumer Center for Health Education and Advocacy helps people access needed health care services from both government health coverage programs and private insurance plans and serve as the Cal MediConnect Service Ombudsman and county-designated Patients' Rights Advocate for outpatient specialty behavioral health services. Advocates can help with understanding: which coverage programs are available to be accessed, how to access needed services, treatments, and medications, and individual rights when a coverage or plan denies care or resolution of receipt of an inappropriate medical bill.



Live Well San Diego Youth Sector

[Youth Leadership \(livewellsd.org\)](http://livewellsd.org)

The *Live Well San Diego* Youth Sector creates youth-led opportunities for young people in San Diego County to build communities that are healthy, safe, and thriving. Participants in the Youth Sector are young leaders who advise, educate, and organize around youth needs in San Diego County.

First 5 San Diego

<https://first5sandiego.org>

1-888-5 FIRST 5 (1-888-534-7785)

First 5 San Diego (F5) supports the health and well-being of young children ages 0-5 during their most critical years of development by providing parents and caregivers with programs to promote children's optimal development and school readiness.

Resources

Human Trafficking and Commercial Sexual Exploitation of Children (CSEC)

[San Diego Human Trafficking and CSEC Advisory Council – Serving Human Trafficking Survivors \(htadvisorycouncil.org\)](https://htadvisorycouncil.org)



Soluna

[Soluna | California's Mental Health App for 13 - 25 year olds \(solunaapp.com\)](https://solunaapp.com)

Directing Change

<https://directingchange.org>

The Directing Change Program & Film Contest is a free and evaluated program that engages youth to learn about mental health, suicide prevention and other critical health and social justice topics through film and art.



A CalHOPE program by Brightline

BrightLife Kids

[BrightLife Kids - A CalHope Program by Brightline \(helloworldbrightline.com\)](https://helloworldbrightline.com)

On January 16, 2024, the California Department of Health Care Services (DHCS) launched two free online behavioral health services platforms that are available to all California families with children, youth, and young adults, and their caregivers, regardless of insurance coverage or immigration status. These web- and app-based platforms offer free one-on-one support with live coaches, a library of multimedia resources, wellness exercises, and peer communities moderated by trained behavioral health professionals. As part of this incredible milestone, this digital toolkit was created to help spread the word about these valuable behavioral health resources.



[You Are Never A Bother!](#)

Never a Bother is a campaign launched in 2024 by California Department of Public Health's Office of Suicide Prevention. The campaign aims to prevent suicide among teens and young adults in California.



[San Diego People's Opioid Instant Death](#)

The San Diego Opioid Project is dedicated to reducing the number of opioid overdoses each year by increasing the public's knowledge.



[Own Your Mindset San Diego | Strengthen Your Mental Health](#)

Made for teens, Own Your Mindset provides tips and resources to support mental health.

Talk It Out SD

[SDHSA | Talk It Out SD 988 Lifeline](#)

Provides a safe space and additional resources to support mental health.

Resources



CYBHI | Take Space to Pause

[CYBHI | Take Space to Pause](#)

California Department of Public Health (CDPH) launched Take Space to Pause, a statewide campaign made for teens and by teens that will focus on reducing self-stigma surrounding youth mental health challenges and promoting positive ways to seek help.



Live Beyond ACEs!

[Live Beyond ACEs!](#)

Learn about Adverse Childhood Experiences (ACEs) and toxic stress and find ways to start healing through Live Beyond ACEs!



Mirror | Your Private Space to Self-Reflect

[Mirror | Your Private Space to Self-Reflect](#)

Mirror is a free mental health journaling app for your thoughts and feelings. Write it, film it, or record it – it's all safe and secure.



Teen Line | Teens Support hotline - Connect, talk, get help!

[Teen Line | Teens Support Hotline](#)

Teen Line is an anonymous, nonjudgmental space for youth. Through our hotline, teens can access personal peer-to-peer support from highly trained teens supervised by adult mental health professionals.

County of San Diego, Student Mental Health Resources

[Student Mental Health Resources](#)



Student Mental Health Resources is designed for students to access various virtual resources that focus on promoting wellness and support. Featured resources are free and can be accessed directly by students. Geared towards teens and young adults, the site offers an array of online as well as one on one interactive resources. In accordance with [SB 1063](#), student ID cards may contain the QR code that leads to the site.

Resources

County of San Diego, HHS, Child and Family Well-Being (CFWB) Department

[Child and Family Well-Being \(sandiegocounty.gov\)](https://www.sandiegocounty.gov)

The Child and Family Well-Being (CFWB) Department integrates the [First 5 Commission](#) of San Diego and [Child Welfare Services](#), along with the childcare system and other essential resources for families, to reimagine prevention and protection services to create a partnership that shifts our traditional approach to child protection.

County of San Diego, Public Health Services

[Public Health Services \(sandiegocounty.gov\)](https://www.sandiegocounty.gov)

Public Health Services (PHS) works to promote health and improve quality of life by preventing disease, injury and disability, and by protecting against, and responding to, health threats and disasters. PHS consists of six programmatic branches including:

[California Children's Services](#)
[Epidemiology & Immunization Services](#)
[HIV, STD & Hepatitis Branch](#)

[Maternal, Child & Family Health Services](#)
[Public Health Preparedness and Response](#)
[Tuberculosis Control and Refugee Health](#)

San Diego Regional Center

[SDRC | San Diego Regional Center](#)

The San Diego Regional Center provides a variety of services to persons with developmental disabilities and their families. Services are based on the client's individual needs and intended to maximize their independence, full potential, and quality of life.

Any San Diego or Imperial County resident believed to have a developmental disability may apply for services. Eligibility is determined by the social, medical, and psychological information gathered during the intake process.

Commercial Insurance (non-Medi-Cal)

[California Senate Bill 855 – Understanding SB 855](#)

The California Senate Bill 855 (SB 855), effective January 1, 2021, guarantees your right to timely, medically necessary treatment for mental health and substance use disorders. This law ensures that state-regulated health insurance plans cannot deny access to behavioral health care based on cost-saving policies or outdated criteria.

Resources - Pregnant & Early Parenting

Pregnancy, childbirth, and caring for an infant bring major life changes. They create great anticipation, joy, and excitement, and can be times of stress and uncertainty. For some new parents, education on parenting skills and support from healthcare professionals and peers can make a meaningful difference in their comfort level and confidence. Some new parents experience mental health challenges such as peripartum depression and anxiety and would benefit from connection to specialized treatment services. San Diego County offers outpatient and residential services for substance use disorder (SUD) treatment (see Perinatal Services section).

The following are some of the available resources through various entities including the County for pregnant and early parenting families. Additional resource recommendation can be forwarded to Janette.Magsanoc@sdcounty.ca.gov for future revision.

| Program Name | Agency | Service | Eligibility | Address | Phone Number |
|---|------------------------------|---|--|--|----------------|
| Accessible Depression and Anxiety Peripartum Treatment (ADAPT) ADAPT – Vista Hill | Vista Hill Foundation | Services to pregnant women and adolescents and new mothers experiencing peripartum depression or anxiety. | Medi-Cal, Medi-Cal eligible and underinsured | 6070 Mission Gorge Road San Diego, CA 92120 | (858) 530-3200 |
| Adverse Childhood Experiences (ACEs) Prevention Program for Fathers | South Bay Community Services | Services to fathers, guardians, and male role models to improve fathering, increase fathering knowledge, and enhance fathering skills among participants to reduce ACEs in children and to optimize behavioral health among fathers. | Fathers (custodial, non-custodial, married, or unmarried), guardians, and other role models, and their children ages 18 & under. | 430 F St. Chula Vista, CA 91910 | (619) 420-3620 |
| | New Alternatives, Inc. | | | 231 E. 3 rd Ave. Escondido, CA 92025 | (619) 615-0701 |
| | Vista Community Clinic | | | 1000 Vale Terrace Dr. Vista, CA 92084 | (760) 631-5000 |
| Black Infant Health | Vista Community Clinic | Services to pregnant and postpartum Black or African American women to ensure healthy birth outcomes, 10-week prenatal and 10-week postpartum groups. <ul style="list-style-type: none"> Prevention/education Support Screening/referral | <ul style="list-style-type: none"> Self-identify as Black or African American woman. 16+ years of age or older Pregnant or up to 6 months postpartum. | Black Infant Health – Neighborhood House Association | 619-880-3591 |

| Program Name | Agency | Service | Eligibility | Address | Phone Number |
|---|--|---|---|---|---|
| Family Health Centers of San Diego | Prenatal Support Services / Family Health Services San Diego | <p>In addition to providing affordable, culturally competent medical care, the program educates, nurtures, and supports parents from conception to the months after birth through a multidisciplinary team of nutritionists, social workers, childbirth educators, and lactation educators.</p> <ul style="list-style-type: none"> • Prevention/education • Support • Screening/referral | Medi-Cal, other health coverage, or sliding fee scale. | Prenatal Support Services Services and Programs (fhcsd.org) | For in-person visits, call 619-515-2428 or schedule a telehealth appointment at Telehealth Appointments Family Health Centers of San Diego (fhcsd.org) |
| First 5 First Steps - Home Visiting Program | First 5 San Diego | <p>Family support program that connects parents-to-be with a trained professional to support them through the joys and uncertainties of parenting. Home based services that are customized based on family strengths, needs, and interests.</p> <ul style="list-style-type: none"> • Prevention/education • Screening/referral | <p>Families who have stressors or vulnerabilities must meet one or more of the following:</p> <ul style="list-style-type: none"> ○ Low income ○ Pregnant/parenting teen ○ Immigrant/refugee ○ Military family | First 5 First Steps Home Visiting Program - First 5 San Diego | <p>Central / North Central: 619-283-9624 East: 619-938-3894 North Coastal / North Inland: 760-739-2044 South: 619-420-3620</p> |
| Global Communities Healthy Start | Global Communities | <p>Free prenatal and childbirth education, and postpartum and breastfeeding support, with a focus on Black families and immigrants in San Diego County. Services are available in Somali, Haitian Creole, Spanish and French.</p> | Pregnant, postpartum, or early parenting families | Healthy Start - Global Communities | 858-227-7317 |
| Kaiser Permanente Medical Center | Kaiser Permanente Medical Center – New Mothers Support Group | <p>Free monthly support group for new mothers to get through the initial postpartum adjustment period.</p> <ul style="list-style-type: none"> • Support | <ul style="list-style-type: none"> • Kaiser members • New mothers | 3420 Kenyon St., San Diego, CA 92110 | 619-221-6114 3rd Thursday of the month, 1:00-2:30 PM |

| Program Name | Agency | Service | Eligibility | Address | Phone Number |
|--|----------------------------------|---|---|---|---|
| Public Health Home Visiting Program (previously MCH) | County of San Diego | <p>Public health home visiting program that begins during any stage of pregnancy or early parenting. The length of service varies. Nurse home visitation services include support, health and parenting education, bonding issues, medical, and mental risks.</p> <ul style="list-style-type: none"> • Prevention/education • Support • Screening/referral | Pregnant, postpartum, or early parenting families | Home Visiting Program (sandiegocounty.gov) | 858-514-3125 |
| Perinatal Care Network (PCN) | County of San Diego | Toll-free phone line that links families eligible for pregnancy-related Medi-Cal to care. PCN helps ensure that pregnant people obtain early and continuous prenatal care and other services needed during pregnancy. | Pregnant individuals | Perinatal Care Network (sandiegocounty.gov) | 1-800-675-2229 |
| Postpartum Health Alliance | Postpartum Health Alliance (PHA) | <p>Raising awareness about Perinatal Mood and Anxiety Disorders (PMADs) and providing resources, support, and treatment referrals to San Diego parents.</p> <ul style="list-style-type: none"> • Prevention/education • Support • Screening/referral | Not limited | http://www.postpartumhealthalliance.org/ http://www.facebook.com/postpartumhealthalliance | Warm line: 619-254-0023 (Trained volunteers can provide support and referrals.) |
| Sharp Outpatient Pavilion – Postpartum Support Group | Sharp Mary Birch Hospital | <p>Virtual postpartum support group providing education and support for women having “baby blues” symptoms, postpartum depression, and/or anxiety.</p> <ul style="list-style-type: none"> • Support | New parents and their infants | Postpartum Support Group - Sharp Mary Birch Hospital for Women & Newborns - San Diego - Sharp HealthCare 3075 Health Center Dr. San Diego, CA 92123 | Tuesdays 9:30-11:00AM 858-939-4133 |

Provider Directories

Behavioral Health Services Provider Directory

[County of San Diego Provider Service Directory](#)

Specialty Mental Health Services and Drug Medi-Cal Organized Delivery System (DMC-ODS) are provided through the County of San Diego Mental Health Plan, which are separate from your physical health care. The Mental Health Plan is committed to providing quality mental health and DMC-ODS services to eligible adults, older adults, and children experiencing serious and persistent mental health problems and or substance use disorder issues. The County of San Diego Behavioral Health Services Provider Directory is a comprehensive guide to mental health and Drug Medi-Cal services across the county.

Fee-for-Service Network Directory

[Fee-For-Service Provider Directory \(optumsandiego.com\)](#)

Information for County of San Diego behavioral health providers. The County of San Diego Fee-for-Service (FFS) Network is a group of providers licensed independently to provide mental health treatment services in private practice to Medi-Cal beneficiaries. Optum Public Sector San Diego is the Administrative Services Organization that manages the FFS Network. The Fee for Service provider directory lists available providers and services offered by the County of San Diego through the network.

Regional SchoolLink Services Directory

[School-based Services/SchoolLink](#)

County of San Diego's Behavioral Health Services (BHS) in the Central and North Central, East, North Coastal, North Inland and South regions, inclusive of school-based support, as well as regional lists of outpatient clinics and countywide specialty programs.



The County Behavioral Health Services Department is interested in your input on how the directory can be improved. Are there any features and elements that would make it easier to use?

Please provide all input to Janette.Magsanoc@sdcounty.ca.gov

Crisis and Acute Care

Crisis services include emergency psychiatric care and crisis intervention counseling. Programs that serve children, youth and their families in crisis and are able to respond quickly to urgent needs such as support, information, counseling, medication, and referral to other resources. Hospitalization or inpatient psychiatric care is for mental health emergencies and situations that require intensive supervision for individuals who are a danger to self, dangers to others or gravely disabled.

| Program Name | Agency | Service | Address | Phone Number | County Monitor | Region(s) Served |
|--|---|---|---|---------------------------------------|----------------------|------------------|
| Access and Crisis Line (ACL) | Optum San Diego Public Sector | Crisis Line Community Resources and Referrals | Home (optumsandiego.com) | (888) 724-7240 | Tabatha Lang | Countywide |
| Acute Psychiatric Inpatient Services for Children and Adolescents (CAPS) | Rady Children's Hospital of San Diego (Rady) | Inpatient | 8001 Frost Street, Nelson Pavilion San Diego, CA 92123 | (858) 966-8337 | Erin Murphy | Countywide |
| Aurora Behavioral Health Care /Inpatient | Aurora Behavioral Health Care San Diego | Inpatient | 11878 Ave of Industry San Diego, CA 92128 | (858) 487-3200 | Cesar Carrasco | Countywide |
| Crisis Action & Connection (CAC) | New Alternatives Inc. (NAI) | Outpatient | 730 Medical Center Court Chula Vista, CA. 91911 | (619) 591-5740 | Kameka Smith | Countywide |
| Children & Youth Crisis Stabilization Unit | New Alternatives Inc. (NAI) | Crisis Stabilization | 4309 Third Avenue San Diego, CA 92103 | (619) 876-4502 | Irene Dominguez | Countywide |
| Family Urgent Response System (FURS) | Mental Health Association in San Diego County | State Hotline Local Mobile Response Placement Stabilization | 4069 30th Street San Diego, CA 92104 | State Hotline: 1-833-939-3877 | Sara Nunes (CFWB) | Countywide |
| Mobile Crisis Response Team (MCRT) | Telecare | Crisis Response | BHS MCRT (sandiegocounty.gov) | Access through ACL: (888) 724-7240 | Kameka Smith | Countywide |
| Mobile Crisis Response Team (MCRT) North Pilot | Exodus Recovery | Crisis Response | BHS MCRT (sandiegocounty.gov) | Access through ACL: (888) 724-7240 | Kameka Smith | North |
| Psychiatric Emergency Response Team (PERT) | Community Research Foundation (CRF) | Psychiatric Emergency Resource | 1202 Morena Blvd. Suite 300 San Diego, CA 92110 | 911 | Irene Dominguez | Countywide |
| Sharp Mesa Vista | Sharp Mesa Vista Hospital | Inpatient | Sharp Mesa Vista Hospital 7850 Vista Hill Avenue San Diego, CA 92123 | (858) 836-8434 | Nilanie Ramos | Countywide |

Residential - Mental Health

Short-Term Residential Therapeutic Programs (STRTP)

STRTPs are licensed by the California Department of Social Services and are provided a Mental Health Program Approval by the California Department of Health Care Services (DHCS). STRTPs are residential facilities that provide an integrated program of specialized and intensive care and supervision, services and supports, specialty mental health services, and 24-hour care and supervision to children. Placing agencies primarily include Child and Family Well-Being Services (CFWB), Juvenile Probation, and Regional Centers.

Emergency Shelter - Polinsky Children’s Center (PCC)

A temporary shelter for children who have been placed in protective custody for their safety. Short-term treatment and crisis intervention services as well as support in transitioning to community-based mental health treatment after discharge.

Community Treatment Facility (CTF) / Psychiatric Health Facility (PHF)

Mental health services are available 24 hours a day, 7 days a week in a secure environment with oversight by DHCS.

| Program Name | Agency | Service | Address | Phone Number | County Monitor | Region | Location |
|--|------------------------------------|------------------------------------|--|----------------|----------------|------------|--------------------------|
| Amali House | Amali | STRTP 12 Behavioral Health Beds | 553 Washington St. Spring Valley, CA 91977 | (619) 837-2072 | Brenda Estrada | Countywide | East |
| | | | 432 Hotz St. Spring Valley, CA 91977 | | | | |
| Casa de Amparo | Casa de Amparo | STRTP 30 Behavioral Health Beds | 325 Buena Creek Rd. San Marcos, CA 92069 | (760) 754-5500 | Brenda Estrada | Countywide | North Coastal |
| Center for Positive Changes (CFPC) | Center for Positive Changes (CFPC) | STRTP 36 Behavioral Health Beds | 3482 Saddle Dr. Spring Valley, CA 91977 | (619) 660-3886 | Brenda Estrada | Countywide | East North Central |
| | | | 1144 Pyramid St. San Diego, CA 92114 | | | | |
| | | | 1107 S. Mollison Ave. Spring Valley, CA 91977 | | | | |
| | | | 9671 Kenora Ln. Spring Valley, CA 91977 | | | | |
| | | | 5104 Eliot St. Oceanside, CA 92057 | | | | |
| 5671 Churchward San Diego, CA 92114 | | | | | | | |

| Program Name | Agency | Service | Address | Phone Number | County Monitor | Region | Location |
|--|--|---|---|----------------|-----------------------|---------------|--------------------|
| Fred Finch Dual Diagnosis | Fred Finch Youth Center (FFYC) | STRTP Dual Diagnosis 14 Behavioral Health Beds | 3845 Spring Drive Spring Valley, CA 91977 | (619) 797-1090 | Brenda Estrada | Countywide | East |
| Kenora | New Alternatives Inc. (NAI) | STRTP 9 Behavioral Health Beds | 3602 Kenora Drive Spring Valley, CA 91977 | (619) 463-8875 | Brenda Estrada | Countywide | East |
| Milestone House | Milestone House | STRTP 6 Behavioral Health Beds | 1816 Portofino Drive Oceanside, CA 92054 | (760) 433-6361 | Brenda Estrada | Countywide | North Coastal |
| NA South Campus | New Alternatives Inc. (NAI) | STRTP 16 Behavioral Health Beds | 730 Medical Center Ct. Chula Vista, CA 91911 | (619) 863-5819 | Brenda Estrada | Countywide | South |
| Polinsky Children's Center (PCC) Placement Stab. Svcs. | New Alternatives Inc. (NAI) | Emergency Shelter | 9400 Ruffin Ct. San Diego, CA 92123 | (858) 357-6879 | Eileen Quinn-O'Malley | Countywide | Central |
| Rite of Passage (ROP) | Rite of Passage Adolescent Treatment Centers and Schools, Inc. | STRTP 12 Behavioral Health Beds | 17701 San Pasqual Valley Road Escondido, CA 92025 | (760) 233-6000 | Brenda Estrada | Countywide | North Inland |
| Star View Adolescent Center | Star View Adolescent Center Inc. | Community Treatment Facility (CTF) Psychiatric Health Facility (PHF) | 4025 W. 226th Street Torrance, CA 90505 | (310) 373-4556 | Augusto Eduvala | Out of County | Los Angeles County |
| Varsity Team | Varsity Team Inc. | STRTP 12 Behavioral Health Beds | 8745 Bennington St. San Diego, CA 92126 3027 Fleming Dr. San Diego, CA 92139 | (619) 694-6809 | Brenda Estrada | Countywide | Central South |

Residential - Substance Use Disorder (SUD)

SUD Teen Residential: Provides non-medical, SUD treatment to adolescents aged 12-17 for approximately 90 days. The SUD Programs for Adolescents brochure can be found here at [Service Directories](#) under the Community Toolkit.

SUD Transitional Housing: Provides residential transitional housing to parents and their dependent children in an environment free of substance use upon completion of an SUD treatment program. The SUD Programs for Adults and Older Adults brochure can be found here at [Substance Use Disorder Services](#) under Treatment Services.

SUD Perinatal Residential: Non-medical residential substance use disorder (SUD) treatment, recovery and ancillary services for women who are pregnant or parenting. The SUD Programs for Women brochure can be found here at [Service Directories](#) under the Community Toolkit.

| Program Name | Agency | Service | Address | Phone Number | County Monitor | Region | Location |
|--|--|---|--|----------------|----------------------|------------|----------|
| Family Recovery Center (FRC) | Mental Health Systems Inc. (MHS) | SUD Perinatal Residential 55 Behavioral Health Beds | 1100 Sportfisher Drive Oceanside, CA 92054 | (760) 439-6702 | Perla Arroyo-Morales | Countywide | North |
| Kiva | McAlister Institute for Treatment and Education (MITE) | SUD Perinatal Residential 86 Behavioral Health Beds | 2049 Skyline Drive Lemon Grove, CA 91945 | (619) 465-7303 | Perla Arroyo-Morales | Countywide | East |
| North County Serenity House (NCSH) | HealthRIGHT 360 (HR360) | SUD Perinatal Residential 117 Behavioral Health Beds | 1341 N. Escondido Blvd. Escondido, CA 92026 | (760) 747-1015 | Perla Arroyo-Morales | Countywide | North |
| Sober and Friendly Environment Housing | McAlister Institute for Treatment and Education (MITE) | SUD Transitional Housing 5 Family Units | 410 Avocado Ave. El Cajon, CA 92020 | (619) 442-0277 | Alejandro Delgado | Countywide | East |

Outpatient Clinical Services - Inclusive of SchoolLink

The following organizations operate various community-based clinics throughout the county as well as offering services at designated school site(s), known as SchoolLink. SchoolLink is partnership between the County and local school districts to provide behavioral health services at schools. Services can be provided during or outside of school hours, on campus or in a community setting, and are based on the student's and family's needs.

Day School services are provided to children and youth identified through an Individualized Education Program (IEP) or school district process as needing a Special Education Classroom setting or school environment to be successful in school. Services are intensive and flexible to meet the needs of the client and assist in transitioning into a less restrictive classroom setting. Services are embedded within existing school settings.

The Regional School Directory can be found at [Service Directories](#)

More information on SchoolLink can be found at [School-based Services/SchoolLink](#)

For SchoolLink Substance Use Disorder (SUD) specific resources, see Outpatient - Teen Recovery Centers (TRC) section.

| Program Name | Agency | Service | Address | Phone Number | County Monitor | Region | School District Served |
|--|---|--------------------------------|---|----------------------------------|------------------|-----------------------|---|
| Central-East-South (CES) School Based Services | Rady Children's Hospital of San Diego (Rady) | Outpatient | 3665 Kearny Villa Road Suite 101 San Diego, CA 92123 | (858) 966-8459 | Saskya Caicedo | Central East | Grossmont Union High San Diego Unified Santee |
| Chap-IDEA-MERIT Wellness Center | Vista Hill Foundation (VHF) | Outpatient Day School Services | 1600 North Cuyamaca Street El Cajon, CA 92020 | (619) 956-0615 | Emily Gaines | East | Grossmont Union High |
| Child & Adolescent Mental Health School Based Services | Union of Pan Asian Communities (UPAC) | Outpatient SUD Counselor | 1031 25th Street Suite C San Diego, CA 92105 400 South Melrose Dr. Suite 400 Vista, CA 92081 | (619) 232-6454 | Caryl Montillano | Central North Coastal | Oceanside Unified San Diego Unified Vista Unified |
| Community Circle Central & East School Based Services | Family Health Centers of San Diego Inc. (FHC) | Outpatient | 2130 National Avenue San Diego, CA 92113 3845 Spring Drive Spring Valley, CA 91977 | (619) 255-7859 (619) 255-7520 | Saskya Caicedo | Central East | San Diego Unified La Mesa-Spring Valley |
| Cornerstone Central School Based Services | Pathways Community Services (PCS) | Outpatient | 6244 El Cajon Blvd. Suite 14 San Diego, CA 92115 | (619) 640-3266 | Saskya Caicedo | Central | San Diego Unified |

| Program Name | Agency | Service | Address | Phone Number | County Monitor | Region | School District Served |
|--|---|--------------------------|--|---|----------------|--------------|---|
| Crossroads School Based Services | Community Research Foundation (CRF) | Outpatient SUD Counselor | 700 N. Johnson Avenue Suite P El Cajon, CA 92020 | (619) 441-1907 | Saskya Caicedo | East | Jamul-Dulzura Union Mountain Empire Unified |
| Douglas Young Youth & Family Services School Based Services | Community Research Foundation (CRF) | Outpatient SUD Counselor | 7917 Ostrow Street Suite A San Diego, CA 92111 | (858) 300-8282 | Saskya Caicedo | Central | San Diego Unified |
| East County Behavioral Health Clinic (ECBHC) School Based Services | San Diego Youth Services (SDYS) | Outpatient | 1870 Cordell Court Suite 101 El Cajon, CA 92020 | (619) 448-9700 | Autumn Gabin | East | Grossmont Union High Lakeside Union Santee School District |
| Family Wellness Center - East County Outpatient Program (ECOP) School Based Services | San Diego Center for Children (SDCC) | Outpatient | 6386 Alvarado Court Suite 310 San Diego, CA 92120 2655 Camino Del Rio N Suite 450 San Diego, CA 92108 | (619) 668-6200 | Autumn Gabin | East | Grossmont Union High Lakeside Union La Mesa-Spring Valley Lemon Grove |
| Learning Assistance Center (LAC) Escondido & North Inland School Based Services | Vista Hill Foundation (VHF) | Outpatient | 1029 N. Broadway Escondido, CA 92026 1012 Main Street Suite 101 Ramona, CA 92065 | (760) 489-4126 (760) 788-9724 | Autumn Gabin | North Inland | Escondido Union Ramona Unified Spencer Valley Warner Unified Borrego Springs Unified Julian Union Julian Union High |
| Mental Health Resource Center School Based Services | San Diego Unified School District (SDUSD) | Outpatient | 2351 Cardinal Lane Annex B San Diego, CA 92123 New Dawn & Riley Day School Services 5650 Mt. Ackerly Drive San Diego, CA 92111 Marcy Day 4150 Ute Drive San Diego, CA 92117 | (858) 573-2227 New Dawn (858) 302-3340 Riley Day (858) 302-3300 (858) 303-3320 | Saskya Caicedo | Central | San Diego Unified |

| Program Name | Agency | Service | Address | Phone Number | County Monitor | Region | School District Served |
|--|---|--------------------------|--|-------------------------------|---------------------|---------------|--|
| Mental Health Resource Center School Based Services | Sweetwater Union High School District (SUHSD) | Outpatient | 1051 Picador Blvd. San Diego, CA 92154 | (619) 662-8372 | Emily Gaines | South | Sweetwater Unified |
| Mobile Adolescent Services Team (MAST) School Based Services | Community Research Foundation (CRF) | Outpatient | 1260 Morena Blvd. Suite 200 San Diego, CA 92110 | (619) 398-3261 ext. 108 | Saskya Caicedo | Countywide | San Diego Unified SDCOE Momentum Learning (formerly Juvenile Court & Community Schools) |
| North Central Clinic School Based Services | Rady Children's Hospital of San Diego (Rady) | Outpatient SUD Counselor | 3665 Kearny Villa Road Suite 101 San Diego, CA 92123 | (858) 966-5832 ext. 245751 | Saskya Caicedo | Central | San Diego Unified |
| North Central School Based Services | Mental Health Systems Inc. (MHS) | Outpatient | 4660 Viewridge Avenue Suite 100 San Diego, CA 92123 | (858) 278-3292 | Emily Gaines | Central | San Diego Unified |
| North Coastal Outpatient Psychiatry (NCOP) School Based Services | Rady Children's Hospital of San Diego (Rady) | Outpatient | 3605 Vista Way Suite 258 Oceanside, CA 92056 | (760) 758-1480 | Autumn Gabin | North Coastal | Encinitas Union Oceanside Unified Vista Unified |
| North County Outpatient School Based Services (NCOSBS) | New Alternatives Inc. (NAI) | Outpatient | 1529 Grand Avenue Suite A San Marcos, CA 92078 | (760) 798-0299 | Margarita Hernandez | North Inland | San Marcos Unified |

| Program Name | Agency | Service | Address | Phone Number | County Monitor | Region | School District Served |
|--|---|--------------------------|---|----------------|----------------|-------------------------------|--|
| North Inland Outpatient Psychiatry (NIOP) School Based Services | Rady Children's Hospital of San Diego (Rady) | Outpatient | 2125 Citracado Parkway Suite 200 Escondido, CA 92029 | (760) 294-9270 | Autumn Gabin | North Inland | San Marcos Unified |
| North Inland, North Coastal & Fallbrook School Based Services | Palomar Family Counseling Service Inc. (PFCS) | Outpatient | 1002 East Grand Avenue Escondido, CA 92025 945 Vale Terrace Drive Vista, CA 92084 120 W. Hawthorne Street Fallbrook, CA 92028 | (760) 741-2660 | Autumn Gabin | North Coastal North Inland | Fallbrook Union High Fallbrook Union Elementary Oceanside Unified San Marcos Unified Vista Unified Escondido Union High |
| Nueva Vista Youth & Family Services School Based Services | Community Research Foundation (CRF) | Outpatient SUD Counselor | 1161 Bay Blvd. Suite B Chula Vista, CA 91911 | (619) 585-7686 | Saskya Caicedo | South | Chula Vista Elementary National School |
| San Ysidro Children's Outpatient Clinic | SBCS Corporation (SBCS) | Outpatient | 114 W Hall Ave. San Ysidro, CA 92173 | (619) 420-3620 | Emily Gaines | South | San Ysidro |
| South Region School Based Services | SBCS Corporation (SBCS) | Outpatient | 430 F Street Chula Vista, CA 91910 | (619) 420-3620 | Emily Gaines | South | Chula Vista Elementary South Bay Union |
| Therapeutic Interventions Designed to Empower Students (TIDES) School Based Services | YMCA of San Diego County (YMCA) | Outpatient | 4451 30 th St. San Diego, CA 92116 | (619) 837-8076 | Saskya Caicedo | Central | San Diego Unified |

| Program Name | Agency | Service | Address | Phone Number | County Monitor | Region | School District Served |
|---------------------------------------|----------------------------------|------------|---|----------------------------------|----------------|---------------|------------------------------------|
| VIVA Counseling School Based Services | North County Lifeline Inc. (NCL) | Outpatient | 707 Oceanside Blvd. Oceanside CA 92054 200 Michigan Avenue Vista, CA 92084 | (760) 757-0118 (760) 726-4900 | Autumn Gabin | North Coastal | Oceanside Unified Vista Unified |

Outpatient - Teen Recovery Centers (TRC)

TRCs provide outpatient Substance Use Disorder (SUD) treatment, recovery and ancillary services to adolescents aged 12-17 years old in the community and at identified school-based locations. The SUD Programs Adolescents brochure can be found at [Service Directories](#) under the Community Toolkit.

Refer to the [School List](#) which can be accessed at [School-based Services/SchoolLink](#)

For Mental Health School-Based services, see Outpatient Clinical Services section.

| Program Name | Agency | Service | Address | Phone Number | County Monitor | Region | District Served |
|--|--|-----------------------------|---|----------------|------------------|---------------|--|
| Teen Recovery Center (TRC) - Central | Union of Pan Asian Communities (UPAC) | Outpatient School-Based SUD | 3288 El Cajon Blvd. Suites 8 & 9 San Diego, CA 92104 | (619) 521-5720 | Terri Kang | Central | San Diego Unified |
| Teen Recovery Center (TRC) - East | McAlister Institute for Treatment and Education (MITE) | Outpatient School-Based SUD | 550 Fesler Street Suites G-1 & G-2 El Cajon, CA 92020 | (619) 588-5361 | Terri Kang | East | Grossmont Union Mountain Empire Unified |
| Teen Recovery Center (TRC) - North Central | Mental Health Systems Inc. (MHS) | Outpatient School-Based SUD | 4660 Viewridge Avenue Suite 100A San Diego, CA 92123 | (760) 227-1354 | Jamie Pellegrino | North Central | San Diego Unified |
| Teen Recovery Center (TRC) - North Coastal | North County Lifeline Inc. (NCL) | Outpatient School-Based SUD | 200 Michigan Avenue Vista, CA 92084 | (760) 842-6280 | Terri Kang | North Coastal | Oceanside Unified |
| Teen Recovery Center (TRC) - North Inland | Mental Health Systems Inc. (MHS) | Outpatient School-Based SUD | 221 W. Crest St. Suite 100 Escondido, CA 92025 | (760) 744-3672 | Terri Kang | North Inland | Escondido Union Fallbrook Union Poway Unified Ramona Unified |
| Teen Recovery Center (TRC) - South | McAlister Institute for Treatment and Education (MITE) | Outpatient School-Based SUD | 371 E Street Chula Vista, CA 91910 | (619) 691-1045 | Terri Kang | South | Sweetwater Union |

Outpatient - Specialty Programs

Services provided in clinic, community, and home-based settings with a specialized service and/or target population.

| Program Name | Agency | Service | Address | Phone Number | County Monitor | Region | Special Population |
|---|--------------------------------|---|---|----------------|--------------------------|-------------------------------|-----------------------------|
| Accessible Depression & Anxiety Perinatal Treatment (ADAPT) | Vista Hill Foundation (VHF) | Outpatient | 6070 Mission Gorge Road San Diego, CA 92120 | (858) 530-3200 | Valerie Ramirez-Sicairos | Countywide | Perinatal |
| Center for Child and Youth Psychiatry (CCYP) | Vista Hill Foundation (VHF) | Outpatient | 8910 Clairemont Mesa Blvd. San Diego, CA 92123 | (858) 571-1964 | Autumn Gabin | Countywide | Medication Clinic |
| Child, Family Team (CFT) Meeting Facilitation | Fred Finch Youth Center (FFYC) | CFT Meetings | 10174 Old Grove Road Suite 100 San Diego, CA 92131 | (858) 682-3818 | Bianca Hawkins (CFWB) | Countywide | Multi-system involved youth |
| ChildNET Children with Social & Emotional Difficulties (CSED) | Vista Hill Foundation (VHF) | Outpatient Preschool Based Incredible Years | 425 W 5 th Avenue Escondido, CA 92025 | (760) 258-4780 | Autumn Gabin | North Coastal North Inland | Early Childhood (0-5 years) |
| Comprehensive Assessment & Stabilization Services (CASS) | New Alternatives Inc. (NAI) | Outpatient | 3517 Camino del Rio South Suite 407 San Diego, CA 92108 | (619) 955-8905 | Eileen Quinn-O'Malley | Countywide | Foster Youth |

| Program Name | Agency | Service | Address | Phone Number | County Monitor | Region | Special Population |
|--|--|--------------------------|---|----------------|---------------------------|--|---|
| Connections Community Counseling | North County Lifeline Inc. (NCL) | Outpatient | 3890 Murphy Canyon Rd. Ste 250 San Diego, CA 92123 | (760) 842-6202 | Autumn Gabin | Countywide | Homeless and Runaway Youth aged 12 up to 21 |
| | | | 200 Michigan Avenue Vista, CA 92084 | | | | |
| | | | 707 Oceanside Blvd. Oceanside, CA 92054 | | | | |
| | | | 334 Via Vera Cruz Suite 152 San Marcos, CA 92078 | | | | |
| 8324 Allison Ave. La Mesa, CA 91942 | | | | | | | |
| Consumer Advocacy | National Alliance on Mental Illness (NAMI) | Advocacy | 9665 Chesapeake Drive Suite 450 San Diego, CA 92123 | (858) 634-6580 | Kendra Mackey | Countywide | Advocacy |
| Dependency Drug Court SUD Coordination | Vista Hill Foundation (VHF) | Outpatient | 4990 Williams Avenue Suite 202 La Mesa, CA 91942 | (619) 668-4265 | Eileen Quinn- O'Malley | Countywide | CFWB and Court--involved caregivers |
| Developmental Evaluation Clinic (DEC) | Rady Children's Hospital of San Diego (Rady) | Outpatient Evaluation | 3665 Kearny Villa Road Suite 405 San Diego, CA 92123 | (858) 966-8100 | Emily Gaines | Central North Central East South North Inland North Coastal | Early Childhood Evaluations (0-5 years) |
| | | | 333 H Street Suite 3010 Chula Vista, CA 91910 | (858) 966-8008 | | | |
| | | | 3605 Vista Way, Building B, Suite 201 Oceanside, CA 92056 | (760) 758-1620 | | | |
| | | | 11752 El Camino Real Suite 150 San Diego, CA 92130 | (858) 793-9591 | | | |

| Program Name | Agency | Service | Address | Phone Number | County Monitor | Region | Special Population |
|--|--|--|--|--|-----------------------|------------|---|
| Family Education | National Alliance on Mental Illness (NAMI) | Advocacy | 9665 Chesapeake Drive Suite 450 San Diego, CA 92123 | (858) 634-6580 | Kendra Mackey | Countywide | Advocacy |
| Foster Family Agency Stabilization and Treatment (FFAST) | San Diego Center for Children (SDCC) | Outpatient Therapeutic Foster Care | 2655 Camino Del Rio N Suite 450 San Diego, CA 92108 145 Vallecitos de Oro Suite 210 San Marcos, CA 92069 17701 San Pasqual Valley Rd Escondido, CA 92025 | (858) 633-4115 | Eileen Quinn-O'Malley | Countywide | Children/Youth in Foster Family Agencies |
| I CARE | San Diego Youth Services (SDYS) | Outpatient Confidential Drop-In Center | Central San Diego | (619) 521-2250 | Eileen Quinn-O'Malley | Central | Commercial Sexual Exploitation of Children (CSEC) |
| Incredible Families | New Alternatives Inc. (NAI) | Outpatient | 8755 Aero Drive Ste 230 San Diego, CA 92123 730 Medical Center Ct. Chula Vista, CA 91911 1020 S. Santa Fe Ave. Ste. D-1 Vista, CA 92064 | (619) 207-0396 | Eileen Quinn-O'Malley | Countywide | CFWB-involved |
| Intensive Outpatient Program (IOP) | San Diego Center for Children (SDCC) | Outpatient | 3002 Armstrong Street San Diego, CA 92111 | (858) 634-8367 | Eileen Quinn-O'Malley | Countywide | Adolescent & TAY |
| KidSTART | Rady Children's Hospital of San Diego (Rady) | Outpatient | 3665 Kearny Villa Road Suite 500 San Diego, CA 92123 2204 El Camino Real Suite 102 Oceanside, CA 92054 333 H Street Suite 3010 Chula Vista, CA 91910 | (858) 576-1700 (760) 967-7082 (619) 420-5611 | Autumn Gabin | Countywide | Early Childhood (0-5 years) |

| Program Name | Agency | Service | Address | Phone Number | County Monitor | Region | Special Population |
|---|---------------------------------------|-----------------|---|-----------------------------|---------------------------------------|---|--|
| Legal Aid – SSI Advocacy Services | Legal Aid Society of San Diego Inc. | Advocacy | 1130 Tenth Ave. San Diego, CA 92101 | (877) 534-2524 ext. 2639 | Isabel Martinez (Self-Sufficiency) | Countywide | Advocacy |
| | | | 690 Oxford St. Chula Vista, CA 91911 | | | | |
| | | | 220 S. First St. El Cajon, CA 92019 | | | | |
| | | | 649 West Mission Ave. Escondido, CA 92025 | | | | |
| | | | 3708 Ocean Ranch Blvd. Oceanside, CA 92056 | | | | |
| 3853 Rosecrans St. San Diego, CA 92110 | | | | | | | |
| Multicultural Community Counseling | Union of Pan Asian Communities (UPAC) | Outpatient | 8745 Aero Drive Ste 330 San Diego, CA 92123 | (619) 578-2211 | Saskya Caicedo | Countywide | API/Middle Eastern including Chaldean/Latino |
| Our Safe Place | San Diego Youth Services (SDYS) | Outpatient | 3427 4th Avenue, 2nd Floor San Diego, CA 92103 | (619) 525-9903 | Eileen Quinn-O'Malley | Central | LGBTQ+ |
| Our Safe Place | San Diego Youth Services (SDYS) | Drop-In Centers | 2220 Broadway San Diego, CA 92102 | (619) 972-8983 | Eileen Quinn-O'Malley | Central South East North Inland North Coastal | LGBTQ+ |
| | | | 746 Ada Street Chula Vista, CA 91911 | (619) 628-2444 | | | |
| | | | 3845 Spring Dr. Rm. 13 Spring Valley, CA 91977 | (619) 525-9903 | | | |
| | | | 150 La Terraza Blvd. Escondido, CA 92025 | (760) 908-9373 | | | |
| | | | 215 Barnes Street Oceanside, CA 92054 | (760) 908-9647 | | | |

| Program Name | Agency | Service | Address | Phone Number | County Monitor | Region | Special Population |
|---|---|-------------------------------------|--|--|-----------------------|------------|--|
| Partial Hospitalization Program (PHP) | San Diego Center for Children (SDCC) | Outpatient | 3002 Armstrong Street San Diego, CA 92111 | (858) 634-8367 | Eileen Quinn-O'Malley | Countywide | Children and adolescents up to age 21 |
| Para Las Familias | Episcopal Community Services (ECS) | Outpatient | 1424 30th Street Suite A San Diego, CA 92154 | (619) 565-2650 | Emily Gaines | Central | Early Childhood (0-5 years) |
| Southeast Family Youth Partner Services | Harmonium | Case Management and Family Partners | 5275 Market Street Suite E San Diego, CA 92114 | (619) 541-0426 | Maria Ventura | Central | Southeast San Diego |
| STEPS | Mental Health Systems Inc. (MHS) | Outpatient | 4660 Viewridge Avenue Suite 100 San Diego, CA 92123 311 E Washington Blvd. Suite 103 & 104 Escondido, CA 92025 637 Third Ave. Suite F Chula Vista, CA 91910 | (858) 565-2510 | Emily Gaines | Countywide | Problematic Sexual Behaviors |
| Survivors of Torture | Survivors of Torture International (SOTI) | Outpatient | P.O. Box 151240 San Diego, CA 92175 | (619) 278-2400 | Alfie Valdes | Countywide | Survivors of Torture |
| Therapeutic Behavioral Services (TBS) | New Alternatives Inc. (NAI) | Behavioral Coaching | 8755 Aero Drive Suite 230 San Diego, CA 92123 | (858) 256-2180 | Eileen Quinn-O'Malley | Countywide | Behavioral Coaching |
| Wrap Connections | Fred Finch Youth Center (FFYC) | Wraparound | 8787 Complex Drive Suite 300 San Diego, CA 92123 910 W. San Marcos Suite 205 San Marcos, CA 92078 3845 Spring Drive Spring Valley, CA 91977 637 3rd Avenue Suite I Chula Vista, CA 91910 | (619) 797-1090 (619) 281-3706 (619) 797-1090 (619) 873-4075 | Emily Gaines | Countywide | Non-system Involved or Community Clients |

| Program Name | Agency | Service | Address | Phone Number | County Monitor | Region | Special Population |
|--------------|--------------------------------------|------------|--|----------------|----------------|------------|--------------------|
| Wrapworks | San Diego Center for Children (SDCC) | Wraparound | 3002 Armstrong Street San Diego, CA 92111 | (858) 277-9550 | Emily Gaines | Countywide | CFWB and Probation |
| | | | 235 W. 5 th Ave. Suite 130 Escondido, CA 92025 | | | | |
| | | | 3322 Sweetwater Spring Blvd. Ste 104 & 106 Spring Valley, CA 91977 | | | | |

Outpatient - Perinatal Programs

Include outpatient perinatal programs that serve women and adolescent females who are pregnant and parenting, women, and children and offer gender responsive substance use and co-occurring disorder treatment and other therapeutic interventions to address such issues as relationships, sexual and physical abuse, and parenting. Additional services at perinatal programs include parenting classes, childcare, and mental health services for children. The Substance Use Disorder (SUD) Programs for Women brochure can be found at [Service Directories](#) under the Community Toolkit.

| Program Name | Agency | Service | Address | Phone Number | County Monitor | Region |
|--|-----------------------------|------------|--|----------------|----------------|---------------|
| North Central Women's Recovery Center (NCWRC) | McAlister Institute (MITE) | Outpatient | 8665 Gibbs Drive Suite 150 San Diego, CA 92123 | (858) 384-6284 | Terri Kang | North Central |
| North Coastal Women's Recovery Center (NCOWRC) | McAlister Institute (MITE) | Outpatient | 3355 Mission Avenue Suite 239 Oceanside, CA 92058 | (760) 462-5581 | Terri Kang | North Coastal |
| North Inland Women and Adolescent Recovery Center (NIWARC) | McAlister Institute (MITE) | Outpatient | 751 Rancheros Road Suite 4&5 San Marcos, CA 92069 | (760) 761-0515 | Terri Kang | North Inland |
| ParentCare Central | Vista Hill Foundation (VHF) | Outpatient | 4125 Alpha Street San Diego, CA 92113 | (619) 266-0166 | Terri Kang | Central |
| ParentCare East | Vista Hill Foundation (VHF) | Outpatient | 4990 Williams Avenue La Mesa, CA 91942 | (619) 668-4200 | Terri Kang | East |
| South Bay Women's Recovery Center (SBWRC) | McAlister Institute (MITE) | Outpatient | 2414 Hoover Avenue Suite C National City, CA 91950 | (619) 336-1226 | Terri Kang | South |

Juvenile Justice - Specialty Programs

The County Behavioral Health Services (BHS) Department, the Probation Department, the courts, and other justice partners coordinate services to ensure that youth who have behavioral health needs receive services from a wide range of services and support within the System of Care. Behavioral health services are available to youth who are in Probation detention facilities as well as to youth upon release from a juvenile facility to assist with their transition back to the community.

See the Teen Recovery Center (TRC) section, as well as the Residential section for mental health and substance use disorder programming.

| Program Name | Agency | Service | Address | Phone Number | County Monitor | Region |
|--------------------------------------|--|---|--|---------------------------------|--------------------------|----------------------------------|
| CFT Meeting Facilitation | Fred Finch Youth Center (FFYC) | CFT Meetings | 10174 Old Grove Road Suite 100 San Diego, CA 92131 | (858) 682-3818 | Bianca Hawkins (CFWB) | Countywide |
| Family Urgent Response System (FURS) | Mental Health Association in San Diego County | State Hotline Local Mobile Response Placement stabilization | 4069 30th Street San Diego, CA 92104 | 1-833-939-FURS State Hotline | Sara Nunes (CFWB) | Countywide |
| Next Move | County of San Diego – Live Well Health Center – North Coastal | Outpatient | 1701 Mission Avenue Oceanside, CA 92058 | (858) 351-6400 | Elizabeth Daus | North Coastal, Oceanside |
| | County of San Diego – Live Well Center – Southeastern | | 5101 Market St., Ste. 2100 San Diego, CA 92114 | | | South, Southeast San Diego |
| Wrapworks | San Diego Center for Children (SDCC) | Wraparound | 3002 Armstrong Street San Diego, CA 92111 | (858) 277-9550 | Emily Gaines | Countywide |
| | | | 235 W. 5 th Ave. Ste 130 Escondido, CA 92025 | | | |

Prevention and Early Intervention (PEI)

Regional county services that provide screening, early identification, and early intervention to at-risk children and their caregivers in the community and in school settings. Services focus on addressing developmental or behavioral needs before they occur, or as they emerge. These services also utilize a culturally appropriate Family Community Partnership (FCP) model utilizing parent-peer partners. In general, these services are available to all individuals for which the program is designed to serve and have no cost or Medi-Cal expectation.

| Program Name | Agency | Service | Address | Phone Number | County Monitor | Region |
|---|--|---|--|----------------|--------------------------|--------------------------|
| Adverse Childhood Experiences (ACEs) Prevention Program for Fathers | South Bay Community Services | | 430 F St. Chula Vista, CA 91910 | (619) 420-3620 | | South |
| | New Alternatives, Inc. | Prevention & Early Intervention | 251 E. 3 rd Ave. Escondido, CA 92025 | (619) 615-0701 | Leah Wright | N. Inland/ N. Central |
| | Vista Community Clinic | | 1000 Vale Terrace Dr. Vista, CA 92084 | (760) 631-5000 | | N. Coastal |
| Come Play Outside | City of San Diego Parks & Rec | Parks After Dark | 202 C Street San Diego, CA 92101 | (619) 525-8211 | Maria Norris | Countywide |
| COPEs - Creating Opportunities in Preventing & Eliminating Suicide | San Diego County Superintendent of Schools | School Support Mental Health Universal Screening | 6401 Linda Vista Road Room 409 San Diego, CA 92111 | (858) 298-2093 | Edith Mohler | Countywide |
| Friday Night Live (High School) Club Live (Middle School) | San Diego County Superintendent of Schools | Student Leadership Development | 6401 Linda Vista Road San Diego, CA 92111 | (858) 569-3137 | Danyte Mockus-Valenzuela | Countywide |
| HERE Now | San Diego Youth Services (SDYS) | School-based Suicide Prevention | 3255 Wing Street San Diego, CA 92110 | (619) 221-8600 | Danyte Mockus-Valenzuela | Countywide |
| PEI services to Native Americans | Southern Indian Health Council | Native American Prevention and Early Intervention | 4058 Willow Road Alpine, CA 91901 | (619) 445-1188 | Danyte Mockus-Valenzuela | Countywide |
| PEI services to Native Americans | Indian Health Council, Inc. | Native American Prevention and Early Intervention | 50100 Golsh Road Valley Center, CA 92082 | (760) 749-1410 | Danyte Mockus-Valenzuela | Countywide |
| PEI services to Native Americans | San Diego American Indian Health Center | Native American Prevention and Early Intervention | 2630 1st Avenue San Diego, CA 92103 | (619) 234-2158 | Danyte Mockus-Valenzuela | Countywide |

| Program Name | Agency | Service | Address | Phone Number | County Monitor | Region |
|---|---|---|--|-----------------------------|--------------------------|--------------|
| Positive Parenting Program (Triple P) | Jewish Family Service | Positive Parenting Program | 8804 Balboa Avenue San Diego, CA 92123 | (858) 637-3000 ext. 3006 | Danyte Mockus-Valenzuela | Countywide |
| Project Alert | San Diego County Superintendent of Schools | School-Based Substance Use Prevention | 6401 Linda Vista Road San Diego, CA 92111 | (858) 298-2092 | Danyte Mockus-Valenzuela | Countywide |
| School Based Incredible Years (IY) - Central Southeastern | San Diego Unified School District (SDUSD) | Elementary School Support | 4487 Oregon Street San Diego, CA 92116 | (619) 362-4330 | Kelly Bordman | Central |
| School Based IY - East | San Diego Youth Services (SDYS) | Elementary School Support | 3845 Spring Drive Spring Valley, CA 91977 | (619) 258-6877 | Kelly Bordman | East |
| School Based IY – North Coastal | Palomar Family Counseling Service Inc. (PFCS) | Elementary School Support | 1002 East Grand Avenue Escondido, CA 92025 | (760) 741-2660 | Kelly Bordman | North |
| School Based IY - South | SBCS Corporation (SBCS) | Elementary School Support | 430 F Street Chula Vista, CA 91910 | (619) 420-3620 | Kelly Bordman | South |
| School Based IY - North Inland | Vista Hill Foundation (VHF) | Elementary School Support | 1029 N. Broadway Escondido, CA 92026 | (760) 489-4126 | Kelly Bordman | North |
| School Based IY - Central & North Central | San Diego Unified School District (SDUSD) | Elementary School Support | 4487 Oregon Street San Diego, CA 92116 | (619) 362-4330 | Kelly Bordman | Central |
| Screening to Care - East | Fred Finch Youth Center (FFYC) | School-based Screening & Early Intervention | 3845 Spring Drive Spring Valley, CA 91977 | (619) 797-1090 ext. 1045 | Kelly Bordman | East |
| Screening to Care - North Inland/Poway | Vista Hill Foundation (VHF) | School-based Screening & Early Intervention | 1029 N. Broadway Escondido, CA 92026 1012 Main Street Suite 101 Ramona, CA 92065 | (760) 258-4780 | Kelly Bordman | North Inland |
| Screening to Care - South | SBCS Corporation (SBCS) | School-based Screening & Early Intervention | 430 F Street Chula Vista, CA 91910 | (619) 952-6308 | Kelly Bordman | South |
| Screening to Care - SDUSD | San Diego Unified School District (SDUSD) | School-based Screening & Early Intervention | 4487 Oregon Street San Diego, CA 92116 | (619) 362-4330 | Kelly Bordman | Central |
| Screening to Care – North Coastal | Palomar Family Counseling Service Inc. (PFCS) | School-based Screening & Early Intervention | 1002 East Grand Avenue Escondido, CA 92025 | (760) 741-2660 | Kelly Bordman | North |
| Southeast Family Youth Partner Svcs. | Harmonium | Case Management and Family Partners | 5275 Market Street Suite E San Diego, CA 92114 | (619) 541-0426 | Maria Ventura | Central |

County Operated Programs

These include three programs with licensed clinical behavioral health teams.

Continuum of Care Reform (CCR)

The County CCR Team provides oversight and accountability of the BHS components of CCR in San Diego County and provide technical assistance to the system of care, including attendance at the Interagency Placement Committee (IPC) meetings, and other collaboration within the implementation of CCR across BHS, Child and Family Well-Being (CFWB), and Probation.

The Qualified Individual (QI) Assessment Process was initiated on October 1, 2021, and identified County clinicians as QI Assessors. The QI is required to conduct an assessment prior to CFWB or Probation Department placing a youth in an STRTP, to determine the child's behavioral health needs and goals and make determinations regarding whether the child's needs can be met with family members or in a family setting, and, if not, the most appropriate level of care, interventions, and treatment for the child. Through the QI process & in collaboration with the Child & Family Team (CFT), a guidance for STRTP or a home-based setting is made by assessing clinician.

Pathways to Well-Being (Pathways)

The County Pathways to Well-Being (PWB) Team provides ongoing technical assistance through on-site and virtual program outreach to BHS-contracted mental health treatment providers to ensure that youth who have more intensive needs and/or whose treatment require cross agency collaboration have an identified Child and Family Team (CFT) and receive Intensive Care Coordination (ICC), and if recommended and agreed upon by the CFT, Intensive Home-Based Services (IHBS). BHS, Child and Family Well-Being (CFWB), Probation, and family & youth partners have worked collaboratively to develop a shared vision to meet the Katie A. settlement requirements and expansion of services outlined in the California Medi-Cal Manual for ICC, IHBS, and Therapeutic Foster Care (TFC) Services for Medi-Cal members.

As of January 1, 2023, Medi-Cal Managed Care Plans (MCPs) utilize the Department of Health Care Services (DHCS) developed Transition of Care (TOC) tool for all Medi-Cal members requiring transition between service delivery systems. The TOC tool leverages existing clinical information to document an individual's mental health needs and facilitate a referral to the individual's MCP or county Behavioral Health Plan (BHP) network. Oversight of linkage to a BHS provider is facilitated by the County PWB Team and is essential to ensure that children and youth who experience a change in their service needs, or need services added to their existing behavioral health treatment have their services transitioned seamlessly from the MCP to the BHP network.

Medi-Cal Manual Third Edition (sdsu.edu): [Medi-Cal Manual Third Edition](#)

California Integrated Core Practice Model Guide: [The Integrated Core Practice Model Transition of Care Tool for Medi-Cal Mental Health Services](#)

[Continuum of Care Reform](#)

[Transition of Care Tool for Medi-Cal Mental Health Services](#)

[The Promise of Continuum of Care Reform \(CCR\)](#)

[BHIN-21-060-ACIN-21-113-FFPSA-QI-ACL](#)

[Qualified Individual Referral Form 9 29 21 \(002\).docx](#)

[QI Assessment Report 9 29 21.docx](#)

[Model Care Coordination Plan](#)

Next Move

Next Move is a community-based outpatient program that provides behavioral health services to youth up to age 21 who have been involved with the justice system, inclusive of those transitioning out of juvenile detention facilities. This program also supports youth who are at risk of becoming involved with the justice system. Next Move is part of the Department of Health Care Services [Justice-Involved Initiative](#) Behavioral Health Links. The Next Move services are provided at the two locations listed below. Services via telehealth or video call can also be requested:

- For South, Southeast San Diego at the **Southeastern Live Well Center**
- For North Coastal, Oceanside at the **North Coastal Live Well Health Center**

Referrals to Next Move can be made by anyone, including Probation, the Court, schools, or caregivers. For more information, call Next Move at 1-858-351-6400.

To make a referral:

1. Call Next Move at 1-858-351-6400.
2. Complete the [referral form](#).
3. Fax the referral form to 1-619-399-3724 or securely email the referral form to BHS.NextMoveProgram.HHSA@sdcounty.ca.gov.

| Program Name | Agency | Service | Address | Phone Number | County Monitor | Region | Special Population |
|--------------------------------|---|----------------|---|----------------------------------|----------------|----------------------------------|-----------------------------------|
| Continuum of Care Reform (CCR) | County of San Diego | Administration | 3255 Camino del Rio South San Diego, CA 92108 | (619) 563-2723 (619) 584-5041 | Cynthia Roman | Countywide | CFWB Probation |
| Next Move | County of San Diego – North Coastal Live Well Health Center | Outpatient | 1701 Mission Avenue Oceanside, CA 92058 | (858) 351-6400 | Elizabeth Daus | North Coastal, Oceanside | Justice-Involved At-Risk Youth |
| | County of San Diego – Southeastern Live Well Center | | 5101 Market St., Ste. 2100 San Diego, CA 92114 | | | South, Southeast San Diego | |
| Pathways to Well-Being | County of San Diego | Administration | 3255 Camino del Rio South San Diego, CA 92108 | (619) 563-2723 (619) 584-5041 | Shaun Goff | Countywide | CFWB Probation |

Child and Family Well-Being - Specialty Programs

Includes programs specializing in the treatment of youth involved in the Child and Family Well-Being system. The entire CYF network of services is available to CFWB youth, but these programs were designed with consideration of the complex needs of youth involved in CFWB, who may be placed in foster care, seeking reunification with biological family members, or a caregiver working towards case plan goals with a CFWB worker. These programs are also found in other corresponding sections. STRTPs see Residential - Mental Health section.

[Child and Family Well-Being \(sandiegocounty.gov\)](http://sandiegocounty.gov)

| Program Name | Agency | Service | Address | Phone Number | County Monitor | Region |
|---|--|-------------------------------|---|----------------------------------|-----------------------|------------|
| CFT Meeting Facilitation | Fred Finch Youth Center (FFYC) | CFT Meetings | 10174 Old Grove Road Suite 100 San Diego, CA 92131 | (858) 682-3818 | Bianca Hawkins (CFWB) | Countywide |
| Comprehensive Assessment. & Stabilization Services (CASS) | New Alternatives Inc. (NAI) | Outpatient | 3517 Camino del Rio South Suite 407 San Diego, CA 92108 | (619) 955-8905 | Eileen Quinn-O'Malley | Countywide |
| Continuum of Care Reform (CCR) | County of San Diego | Administration | 3255 Camino del Rio South San Diego, CA 92108 | (619) 563-2723 (619) 584-5041 | Cynthia Roman | Countywide |
| Dependency Drug Court SUD Coordination | Vista Hill Foundation, Inc (VHF) | Outpatient | 4990 Williams Avenue Suite 202 La Mesa, CA 91942 | (619) 668-4265 | Eileen Quinn-O'Malley | Countywide |
| Development Eval Clinic (DEC) | Rady Children's Hospital of San Diego (Rady) | Outpatient Evaluation | 3665 Kearny Villa Road Suite 405 San Diego, CA 92123 | (858) 966-8100 | Emily Gaines | Central |
| | | | 333 H Street Suite 3010 Chula Vista, CA 91910 | (858) 966-8008 | | |
| | | | 3605 Vista Way, Building B, Suite 201 Oceanside, CA 92056 | (760) 758-1620 | | |
| Family Connection Hub | Social Advocates for Youth, San Diego, Inc. | Prevention & Support Services | 11752 El Camino Real Suite 150 San Diego, CA 92130 | (858) 793-9591 | Sara Nunes (CFWB) | Countywide |
| | | | 4775 Viewridge Avenue San Diego, CA, 92123 | (858) 394-6595 | | |

| Program Name | Agency | Service | Address | Phone Number | County Monitor | Region |
|--|--|---|---|----------------------------------|-----------------------|------------|
| Family Urgent Response System (FURS) | Mental Health Association in San Diego County | State Hotline Local Mobile Response Placement stabilization | 4069 30th Street San Diego, CA 92104 | 1-833-939-FURS State Hotline | Sara Nunes (CFWB) | Countywide |
| Foster Family Agency Stabilization and Treatment (FFAST) | San Diego Center for Children (SDCC) | Outpatient Therapeutic Foster Care | 2655 Camino Del Rio North Suite 450 San Diego, CA 92108 145 Vallecitos de Oro Suite 210 San Marcos, CA 92069 | (858) 633-4115 | Eileen Quinn-O'Malley | Countywide |
| Incredible Families | New Alternatives Inc. (NAI) | Outpatient | 17701 San Pasqual Valley Rd Escondido, CA 92025 8755 Aero Drive Ste 230 San Diego, CA 92123 730 Medical Center Ct. Chula Vista, CA 91911 1020 S. Santa Fe Ave. Ste. D-1 Vista, CA 92064 | (619) 207-0396 | Eileen Quinn-O'Malley | Countywide |
| Pathways to Well-Being | County of San Diego | Administration | 3255 Camino del Rio South San Diego, CA 92108 | (619) 563-2723 (619) 584-5041 | Shaun Goff | Countywide |
| Polinsky Children's Center (PCC) Placement Stabilization Svcs. | New Alternatives Inc. (NAI) | Emergency Shelter | 9400 Ruffin Court San Diego, CA 92123 | (858) 357-6879 | Eileen Quinn-O'Malley | Countywide |
| Sober and Friendly Environment (SAFE) Housing [Transitional Sober Housing] | McAlister Institute for Treatment and Education (MITE) | SUD Transitional Housing | 410 Avocado Ave. El Cajon, CA 92020 | (619) 442-0277 | Alejandro Delgado | Countywide |
| Wrapworks | San Diego Center for Children (SDCC) | Wraparound | 3002 Armstrong Street San Diego, CA 92111 235 W. 5th Ave. Suite 130 Escondido, CA 92025 3322 Sweetwater Spring Blvd., Suite 104 & 106 Spring Valley, CA 91977 | (858) 277-9550 | Emily Gaines | Countywide |

Early Childhood Programs (0-5 years)

The first 5 years of life are crucial to healthy growth and development. The County of San Diego HHSA and communities across San Diego work collaboratively to offer early childhood programming throughout the region. The importance of early childhood programs lies in their ability to address critical developmental needs, provide high quality care and education, and offer comprehensive support for young children and families. These programs lay a solid foundation for children's success in school and life. Additionally, early childhood programs play a vital role in early detection of developmental delays or learning challenges, enabling timely interventions and support to maximize each child's potential.

The following links offer additional resources for early childhood development:

[First 5 San Diego's Healthy Development Services](#)

[Center on the Developing Child - Harvard University](#)

[Maternal, Child and Family Health Services](#)

[The Importance of Touch](#)

[CDC Child Development Basics](#)

[CDC Act Early](#)

[SDRC | San Diego Regional Center](#), [Resources | San Diego Regional Center \(sdrc.org\)](#) & Early Start information at [Services | San Diego Regional Center \(sdrc.org\)](#)

The following programs are contracted through the County of San Diego and managed through either Behavioral Health Services or the Child and Family Well-Being Department (CFWB) which encompasses First 5 San Diego (F5). This directory pulls forward key County funded programs, offering additional links for specific local programming.

| Program Name | Agency | Service | Address | Phone Number | County Monitor | Region |
|---|---|---|---|----------------|--------------------------|-------------------------------|
| Accessible Depression and Anxiety Peripartum Treatment (ADAPT) | Vista Hill Foundation ADAPT – Vista Hill | Outpatient | 6070 Mission Gorge Road San Diego, CA 92120 | (858) 530-3200 | Valerie Ramirez-Sicairos | Countywide |
| Adverse Childhood Experiences (ACEs) Prevention Program for Fathers | South Bay Community Services | | 430 F St. Chula Vista, CA 91910 | (619) 420-3620 | | South |
| | New Alternatives, Inc. | Prevention & Early Intervention | 251 E.3 rd Ave. Escondido, CA 92025 | (619) 615-0701 | Leah Wright | North Inland North Central |
| | Vista Community Clinic | | 1000 Vale Terrace Dr. Vista, CA 92084 | (760) 631-5000 | | North Coastal |
| ChildNET Children with Social & Emotional Difficulties (CSED) | Vista Hill Foundation | Outpatient Preschool Based Incredible Years | 425 W 5th Avenue Escondido, CA 92025 | (760) 258-4780 | Autumn Gabin | North Coastal North Inland |

| Program Name | Agency | Service | Address | Phone Number | County Monitor | Region | |
|---|---|-----------------------|---|--|--------------------|--|---------------|
| Developmental Evaluation Clinic (DEC) | Rady Children's Hospital of San Diego (Rady) Developmental Evaluation Clinic (DEC) Rady Children's Hospital (rchsd.org) | Outpatient Evaluation | 3665 Kearny Villa Road Suite 405 San Diego, CA 92123 | (858) 966-8100 | Emily Gaines | Central North Central East South North Inland North Coastal | |
| | | | 333 H St. Suite 3010 Chula Vista, CA 91910 | (858) 966-8008 | | | |
| | | | 3605 Vista Way, Bldg. B Oceanside, CA 92056 | (760) 758-1620 | | | |
| | | | 11752 El Camino Real Suite 150 San Diego, CA 92130 | (858) 793-9591 | | | |
| Developmental Screening & Enhancement Program (DSEP) | Rady Children's Hospital of San Diego (Rady) DSEP Rady Children's Hospital (rchsd.org) | Outpatient Evaluation | 3665 Kearny Villa Road San Diego, CA 92123 | (858) 966-1700 | Irma Bustos (CFWB) | Countywide | |
| Healthy Development Services (HDS) (first5sandiego.org) | Family Health Centers of SD Healthy Development Services - Central (fhcsd.org) | Outpatient | 2044 1 st Avenue San Diego, CA 92101 | (619) 515-2406 | Alicia Castro (F5) | Central | |
| | | | Family Health Centers of SD Healthy Development Services - East (fhcsd.org) | 8530 La Mesa Blvd. Suite 300 La Mesa, CA 91942 | (619) 515-2463 | Alicia Castro (F5) | East |
| | | | Rady Children's Hospital of San Diego (Rady) RCHSD – North Coastal | 3605 Vista Way Suite 201 Oceanside, CA 92056 | (858) 966-8235 | Nancy Page (F5) | North Coastal |
| | | | Rady Children's Hospital of San Diego (Rady) RCHSD - North Central | 3665 Kearny Villa Road Suite 400 San Diego, CA 92123 | (858) 966-7510 | Nancy Page (F5) | North Central |
| | | | SBCS Corporation (SBCS) SBCS (sbcssandiego.org) | 430 F Street Chula Vista, CA 91910 | (619) 495-8248 | Alicia Castro (F5) | South |
| | | | Palomar Health Palomar Health - North Inland (palomarhealth.org) | 1320 West Valley Parkway Suite 301 Escondido, CA 92029 | (877) 504-2299 | Alicia Castro (F5) | North Inland |

| Program Name | Agency | Service | Address | Phone Number | County Monitor | Region |
|---------------------------------------|---|---|--|----------------|--------------------------|------------|
| KidSTART Center | Rady Children's Hospital of San Diego (Rady) KidSTART Rady Children's Hospital (rchsd.org) | Outpatient Developmental Health | 3665 Kearny Villa Rd. Suite 410 San Diego, CA 92123 | (858) 966-5990 | Nancy Page (F5) | Countywide |
| KidSTART Clinic | Rady Children's Hospital of San Diego (Rady) KidSTART Rady Children's Hospital (rchsd.org) | Outpatient Behavioral Health | 3665 Kearny Villa Road Suite 500 San Diego, CA 92123 | (858) 576-1700 | Autumn Gabin | Countywide |
| | | | 2204 El Camino Real Suite 102 Oceanside, CA 92054 | (760) 967-7082 | | |
| Mi Escuelita Therapeutic Preschool | SBCS Corporation (SBCS) Mi Escuelita Preschool - SBCS (sbcssandiego.org) | Preschool Based | 333 H Street Suite 3010 Chula Vista, CA 91910 | (619) 420-5611 | Alicia Castro (F5) | Countywide |
| | | | 430 F St. Chula Vista, CA 91910 | (619) 420-0116 | | |
| Para Las Familias | Episcopal Community Services (ECS) Para Las Familias — ECS (ecscalifornia.org) | Outpatient | 1424 30 th St. Ste A San Diego, CA 92154 | (619) 565-2650 | Emily Gaines | Central |
| Positive Parenting Program (Triple P) | Jewish Family Service (JFS) Positive Parenting Program (PPP) - JFSSD | Prevention and Early Intervention (PEI) | 8788 Balboa Avenue San Diego, CA 92123 | (858) 637-3375 | Danyte Mockus-Valenzuela | Countywide |

| Program Name | Agency | Service | Address | Phone Number | County Monitor | Region |
|--|---|---|---|-----------------------------|----------------------------|----------------------|
| School Based Incredible Years | San Diego Unified School District (SDUSD) MHRC Programs - (sandiegounified.org) | | 4487 Oregon Street San Diego, CA 92116 | (619) 362-4330 | | Central Southeast |
| | San Diego Youth Services (SDYS) SDYS (sdyouthservices.org) | | 3845 Spring Drive Spring Valley, CA 91977 | (619) 258-6877 ext. 3253 | | East |
| | Palomar Family Counseling Service Inc. (PFCS) PEI - PFCS | Elementary School Support | 1002 East Grand Avenue Escondido, CA 92025 | (760) 741-2660 | Kelly Bordman | North Coastal |
| | SBCS Corporation (SBCS) Children's Mental Health - SBCS (sbcssandiego.org) | | 430 F Street Chula Vista, CA 91910 | (619) 420-3620 | | South |
| | Vista Hill Foundation (VHF) P&S for Children – Vista Hill | | 1029 N. Broadway Escondido, CA 92026 | (760) 489-4126 | | North Inland |
| San Diego Unified School District (SDUSD) 3) MHRC Programs - (sandiegounified.org) | | 4487 Oregon Street San Diego, CA 92116 | (619) 362-4330 | | Central & North Central | |

Fee For Service (FFS)

The County of San Diego FFS Network is a group of providers licensed independently to provide mental health treatment services in private practice settings to Medi-Cal beneficiaries. Optum Public Sector San Diego is the Administrative Services Organization that manages the FFS Network. The [Fee for Service Provider Directory](#) lists available providers and services offered by the County of San Diego through the FFS Network.

Treatment and Evaluation Resource Management (TERM)

Treatment and Evaluation Resource Management (TERM) is a mental health program under the direction of the County of San Diego Board of Supervisors and is operated by Optum Public Sector San Diego through a contract with County of San Diego HHSA Behavioral Health Services serving Child and Family Well-Being or Probation clients and youth involved in the juvenile justice system with a commitment to improving outcomes for these clients.

The purpose of the program is to provide independent oversight of mental health services for children in the dependency and delinquency systems; with the mission of providing flexible services that are designed to meet and build upon the unique needs, strengths and potential of each youth and family.

Parents and guardians receiving services through TERM are provided with:

- Behavioral Health Assessments
- Individual Therapy, Group Therapy, and/or Family Therapy
- Psychological/Psychiatric Evaluations as deemed appropriate to address their individual needs, to facilitate a whole family approach to health and wellness.

Optum is responsible for developing, maintaining and contracting a network of TERM providers. Providers offer an array of services in each region and strengthen family and youth connections to neighborhood and local community resources.

[Click Here for Optum's website for TERM Providers](#)